Healthy Community Collaborative Quarterly Meeting Minutes

Date: January 25, 2024 Location: Central Library in Harrisonburg, VA Time: 11:30am - 1:00pm

Co-Leaders: (1) Nate Riddle, Open Doors; (2) VACANT

Secretary: Mo Bowler, Harrisonburg-Rockingham Community Services Board

Treasurer: VACANT

Community Engagement Specialist: Jonny Morris, Harrisonburg-Rockingham Community Services Board

Steering Committee Members Present:

Joyce Nussbaum, Valley Program for Aging Services Laura Lee Wight, VA Department of Health, Central Shenandoah Health District Debbie Bullis, Sentara RMH Linda Plitt Donaldson, Institute for Innovation in Health and Human Services at JMU Nicky Fadley, Strength In Peers Steering Committee Members Absent:

Kristina Blyer, James Madison University

Travis Karicofe, City of Harrisonburg

Sandra Quigg, Boys and Girls Club

Mary Walala, Harrisonburg Redevelopment & Housing Authority

of HCC Coalition Members Present: 17

Meeting Agenda

- 1. (5 min) Welcome
- 2. (15 min) Speed Mingle Activity
- 3. (10 min) HCC Updates
- 4. (65 min) Data Reveal + Small Group Ideation
- 5. (10 min) Sharing Intentions + Closing

Meeting Called to order: 11:35am

Meeting Minutes

- 1. Welcome Facilitated by Nate Riddle
 - a. Greeted and welcome group
 - b. Reviewed agenda items
- 2. Speed Mingle Activity Facilitated by Laura Lee Wight
 - a. Movement and participation-based "ice breaker" activity

3. HCC Updates - Facilitated by Nate Riddle

- a. Announced results HCC Roles election from December 2023
 - i. Nate Riddle elected as Co-Leader #1
 - ii. Mo Bowler elected as Secretary
 - iii. Still looking to elect: 1 Co-Leader, 1 Treasurer
- b. Announced need for HCC Fiscal Agent
- c. Presented overview of September's HCC Quarterly Meeting
- d. Announced completion and ratification of the most recent HCC Bylaws
 - i. Acknowledged Subcommittee and Actions Team structures were included
 - ii. Stated that HCC Bylaws could be found on the HCC's website or members could request a copy
- 4. Data Reveal + Small Group Ideation- Facilitated by Laura Lee and Jonny Morris
 - a. Presented qualitative data collected from September's Quarterly Meeting Activity
 - b. Provided background and overview of what the September Quarterly Meeting Activity entailed
 - i. (2) Prompts that inspired the qualitative data collected 1) What "Health Disparities" do you see/experience? and 2) What Health Disparities are you personally interested in working on first?
 - c. Revealed the top 3 disparity areas the Coalition was interested in working to address first:
 - i. Stigma/Prejudice
 - ii. Barriers to Access [accessing resource, care]
 - iii. Health Literacy + Resource Navigation
 - d. Presented "Small Group Ideation" activity Group divided into 3 groups, based on their interest in the 3 subjects above; Each group spent 55 minutes discussing the following prompts in the context of their chosen health disparity area:
 - i. What's already being done about this?
 - ii. What's missing from what's already being done about this?
 - iii. What might help?
 - iv. What do we not know about this?
 - 1. Note Notes from each small group conversation were prepared and will be presented/share in a future Coalition communications
- 5. Sharing Intentions + Closing Facilitated by Nate Riddle
 - a. Steering Committee with review and synthesize information collected by each small group
 - b. By April, the goal is to have a proposal for the HCC's first Action Team who will begin working on selected issue area

c. We are "shaping the vessel with which we will deliver our mission and sail towards our goal!"

Meeting Adjourned: 1:01pm

Next Meeting Details:

Date: April 25, 2024 Time: 11:30am - 1:00pm Location: TBD

Meeting Minutes prepared by Mo Bowler

Learn more at healthycommunitycollab.org Contact us at hcc@hrcsb.org

